

WHAT IF I AM ILL?

If you feel unwell at any time during your semester please follow the below steps.

Step 1: Assess whether the situation is an emergency i.e. if you were in the US would you call 911 in this situation?

If it is an emergency do not hesitate **to call 999 or 112 to access the emergency services** (ambulance, police & fire departments).

Step 2: Do you need medication for a minor ailment, such as a cough, cold, rash etc.? You should seek advice at a local pharmacy (please see list below). A pharmacist can give you over the counter remedies that are stronger than 'off the shelf' remedies and may cure your illness without having to visit a doctor.

Thomas Street Pharmacy

55 Thomas St
Dublin 8
Tel: +353 (0)1 454 2080

Foley's Pharmacy

39 Meath St
Dublin 8
Tel: +353 (0)1 454 2133

Boots

St Stephens Green Shopping Cntr
Dublin 2
Tel: +353 (0)1 47 84 368

Step 3: Is your illness too severe to be treatable with over the counter medication OR have you been taking over the counter remedies and you are still unwell? You should make an appointment with a doctor.

Your first port of call should be an appointment with Aungier Street Clinic, *16 Redmond Hill, Aungier Street, Dublin 2*. They are open between 8.30am and 6.00pm Monday-Friday and 11.00am-3pm Saturdays. Contact them at: +353 (0)1 400 5708 to book an appointment.

Need a Dentist? *Smiles Dentist, 28 O'Connell Street, Dublin 1, Tel: 1850 323 323*

Please ensure that after seeking the appropriate medical help for your illness you inform the following people:

A member of the FIE team. They will ensure that you have all the subsequent and additional support you need to help you recover as soon as possible.

Your Professor(s) if you are missing class due to illness.

Your Site Supervisor if you are missing your internship/service learning placement due to illness.

If you have any queries or feel unsure regarding medical information please contact an FIE staff member immediately.