

## WHAT IF I AM ILL?







If you feel unwell, there are a number of services available to help get you back to full health!

Choose the right service using the handy guide below and see overleaf for a list of local pharmacies, clinics and hospitals.

Visit <https://goo.gl/N1Xl9y> to locate the services on our FIE local area map.

**NHS**  
Sheffield  
Clinical Commissioning Group

### Feeling unwell? Choose the right service

					
<b>Self-care</b>	<b>NHS 111</b>	<b>Pharmacist</b>	<b>GP (Doctor)</b>	<b>NHS Walk-in Services</b>	<b>A&amp;E or 999</b>
Hangover. Grazed knee. Sore throat. Cough.	Unsure? Confused? Need help?	Diarrhoea. Runny Nose. Painful cough. Headache.	Unwell. Vomiting. Ear pain. Back ache.	If you cannot get to the GP and it is not getting any better.	Choking. Severe bleeding. Chest pain. Blacking out.

- **Questions?** Contact Student Life 0207 591 7782 / [studentlife@fie.org.uk](mailto:studentlife@fie.org.uk)
  - **Out of hours?** Call Metrogate 0207 808 0131 or ext. 5131 from flat
- **Need to miss your class?** Contact your professor as soon as possible
- **Need to miss your internship?** Contact your placement site supervisor and the Experiential Education Team as soon as possible

## PAYMENT & INSURANCE

Although some treatments are free, you should expect to pay upfront for most medical services. For more information about which services incur a cost and which are free, visit:

[www.nhs.uk/NHSEngland/AboutNHSservices/](http://www.nhs.uk/NHSEngland/AboutNHSservices/)

We recommend that you retain all receipts should you need evidence to claim with your insurer. If you're covered by Endsleigh Insurance\* you can claim here: <https://goo.gl/yfvoLs>

*\*students covered with Endsleigh Travel Insurance would have received an email prior to arrival with full policy details*



## SELF-CARE

Wrap up warm, get plenty of rest and take over the counter remedies if needed



## NHS 111

Dial 111 from UK phone to speak to an advisor regarding your illness and symptoms



## PHARMACIST

### Boots Pharmacy

128 Gloucester Road, SW7 4SF  
127A Kensington High St, W8 5SF

### Dajani Pharmacy

92 Old Brompton Rd, SW7 3LQ

### Zafash Pharmacy

233 Old Brompton Rd, SW5 0EA  
(24 hours)



## GP/DOCTOR

### Emperor's Gate Surgery

49 Emperor's Gate, SW7 4HJ

### John Hunter Sexual Health Clinic

369 Fulham Road, SW10 9NH  
(Next to C & W Hospital)

### London Doctors Clinic

1906A Portland House, SW1E 5RS  
(Private)



## WALK IN SERVICES

### Earl's Court Health Centre

2B Hogarth Road, SW5 0PT

### Parsons Green Walk-in Centre

5-7 Parsons Green, SW6 4UL

### Soho NHS Walk-in Centre

5-7 Parsons Green, SW6 4UL

### Ghuri Dental Centre

247 Westbourne Grove, W11 2SE



## A&E/HOSPITAL

### Chelsea & Westminster

369 Fulham Road, SW10 9NH

### Charing Cross Hospital

Fulham Palace Road, W6 8RF

Call **999** for an ambulance or take a taxi if you're able to

If you are hospitalized, please notify FIE as soon as possible